

Marlborough Parks & Recreation

2016 Fall Programs

Complete program descriptions available

On-line www.marlboroughct.net - click on: "Parks & Recreation" then click on "Programs"

Registration is now open – online, in person, or via mail

Youth Programs

Acrylic Painting on Canvas - Grades 3-6 at Elmer Thienes Elementary School – Wednesdays 3:30 – 5:00pm
September 21st – October 12th. Elmer-Thienes Elementary School Art Room. Fee is \$75 for residents/\$85 for non-residents.

Acrylic Painting on Canvas - Grades 3-6 at Elmer Thienes Elementary School – Wednesdays 3:30 – 5:00pm
November 30th – December 21st. Elmer-Thienes Elementary School Art Room. Fee is \$75 for residents/\$85 for non-residents.

Acrylic Painting on Canvas - Grades 1 & 2 Wednesdays, 3:30-5pm, October 19th – November 9th - Elmer-Thienes Elementary School Art Room. Fee is \$75 for residents/\$85 for non-residents.

Tiny Tot Chorus – Ages 5 – 7, Mondays, September 19th – October 21st, 3:15pm – 4:15pm. Instructors give young ones confidence and the chance to sing age appropriate songs with their peers. Classes will be held at the Elmer Thienes – Mary Hall Elementary School Media Center. Fee for this program is \$173.00 resident/\$178.00 non-resident.

Chorus Class – Ages 8 – 14, Mondays, September 19th – October 21st, 4:30pm – 5:30pm. Instructors provide students with the opportunity to perform in front of peers and learn stage presence and confidence while training their voices. Classes will be held at the Elmer Thienes – Mary Hall Elementary School Media Center. Fee for this program is \$173.00 resident/\$178.00 non-resident.

Safe Home Alone Readiness Program - Ages 10 and up – Mondays, September 19th – October 3rd, 5:00pm – 6:30pm at the Elmer Thienes Mary Hall School. Through role-playing and hands-on activities, children will learn basic safety information vital to being home alone. At least one parent is required to attend the graduation. Fee for this program is \$43.00 residents/\$48.00 non-resident.

Babysitting Course - Students in Grade 6 only – Wednesdays, September 21st – October 26th, 5:00-6:30pm in the Elementary school cafeteria - \$73 for residents/\$78 for non-residents. ONLY 25 Slots and always fills up – so register early. Attendance mandatory, only 1 absence allowed.

Kids Theatre – Ages 5 – 12, Wednesdays, September 21st – Wednesday, November 9th, 3:00pm – 4:30pm. Children learn an array of acting techniques and skills from instructors, and are given the chance to perform in front of peers. Participants will be putting on a production of Annie Jr. for family/friends at the end of class. Rehearsal for the show will take place every day the week prior to the production. Class is held in the Elmer – Thienes – Mary Hall Steam Room. Fee for the program is \$213.00 resident/\$218.00 non-resident.

Teen Theatre – Ages 13-18, Wednesdays, September 21st – Wednesday, November 9th, 4:30pm – 6:30pm. Teens learn a variety of acting techniques and skills from instructors, and are given the chance to perform in front of peers. Participants will be putting on a production of Annie Jr. for family/friends the last week of class. Rehearsal for the show will take place every day the week prior to the production. Class is held in the Elmer – Thienes – Mary Hall Steam Room. Fee for the program is \$263.00 resident/\$268.00 non-resident.

Music Lessons – Grades 4 – 8, at the Elmer-Thienes Elementary School Media Room. Private lesson instruction on band instruments will be provided by Bruce Foote. This is a six week session. The lessons are a half hour in length and will occur on the same day and time signed up for. The fee includes lesson materials and one make-up lesson is guaranteed during the six week series. Time slots will run for a half hour beginning September 22nd from 3:10 to 6:10 on Thursdays and September 23rd from 3:10 to 6:10 on Fridays. Fee is \$103.00 for residents/\$108.00 for non-residents.

Junior Basics Martial Arts Training - This is a 6 week program for any age group. 2 nights a week, you pick the nights. Classes are held at Frank Corbo's Martial Arts. Registration fee for this program is \$115.00 resident/\$120.00 non-resident.

Beginner Guitar Lessons – Ages 7 and up, Mondays, September 26th – November 28th, 5:30pm – 6:30pm. No musical training is required. Students will learn the basics of guitar in a step by step approach. Class will be held at the Elmer Thienes – Mary Hall Elementary School choral room. Fee for this program is \$163.00 resident/\$168.00 non-resident.

Intermediate Guitar Lessons – Ages 7 and up, Mondays, September 26th - November 28th, 6:30pm – 7:30pm. A class for those with some experience and confidence on the guitar, but who are looking to refine and improve their skills. Class will be held at the Elmer Thienes – Mary Hall Elementary School choral room. Fee for this program is \$163.00 resident/\$168.00 non-resident.

PRE – Engineering using Legos – Grades K – 2, Tuesdays, 3:15pm – 4:45pm, September 27th – December 13th at the Elmer-Thienes Elementary School Steam Room. Build projects such as boats, bridges, mazes and motorized cars, and use special pieces to create your own unique design! Fee is \$183.00 for residents and \$188.00 for non-residents.

Engineering FUNDamentals using Legos – Grades 2 – 5, Thursdays, 3:15pm – 4:45pm, September 29th – December 13th at the Elmer-Thienes Elementary School Steam Room. Apply real world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars, and the Battletack! Design and build as never before, and explore your craziest ideas in a supportive environment. Fee is \$183.00 for residents and \$188.00 for non-residents.

Music Together – Ages birth to 5, Thursdays, October 6th – December 15th, 9:30am – 10:15am. Each child participates at his or her own developmental level in singing, moving, chanting, listening, observing, or exploring musical instruments. Each child must be accompanied by family member or caregiver. Registration fee is \$190.00 per child/\$110.00 sibling/children under 8 months are free.

Parents Night Out – Grades 1 – 8, Saturday, October 8th, 6:30pm – 9:30pm at the Elmer – Thienes Elementary School Community Room. Drop off the kids and enjoy an evening out at a movie, having dinner or shopping for a few hours. Kids will have the option of participating in arts and crafts activities, games, sports or watching a movie. Pizza and beverages will be provided. Fee for this program is \$15.00 per child resident/\$18.00 per child non-resident.

Wiffleball Tournament – Ages 8 – 18, Saturday, October 15th at 9:00am. Divisions will be determined by age groups. Group 1 – (8-13), Group 2 – (14 – 18). Minimum of 2/Maximum of 4 players per team. Tournament will be held at the Park Road Little League Field. Registration is \$5.00 per player. Registration forms available online or at the Parks and Recreation Department. Registration deadline is Friday, October 14th at noon. For more information call, 860-295-6203.

Mad Science – Grades K-5, Thursdays 3:15 – 4:15, October 27th – January 15th at Elmer Thienes Elementary School Steam Room. Fee is \$138 for residents and \$143 for non-residents. This is an 8 week class.

Adult Programs

Edible Arts Cooking Class – Make your table a work of art. Add a little flair and design to your food as you prepare your favorite meals and desserts. Ages 18 and up, Mondays, September 19th – October 24th from 6:00pm – 7:30pm at the Marlborough Senior Center. Fee for this program is \$193.00 resident/\$198.00 non-resident.

ZUMBA Class Fall Session- Taught by instructor Brian Laroe. The 6 week class will begin Tuesdays, September 20th - November 15th, 7-8:00pm in the Elmer-Thienes Elementary School Cafeteria. Fee for the program is \$30 for residents and \$35 for non-residents, \$7 drop-in fee. Register on the Park & Rec website.

Paint Night with Cherie Kelley - Join us for 3 nights of painting fun with Cherie Kelley! Paints nights will be held on Fridays September 23rd, October 14th and November 18th from 6:30pm – 8:45pm at the Marlborough Senior Center. Registration for each night is \$38.00 resident/\$43.00 non-resident.

Rise and Shine Yoga – The perfect way to start your day! Class begins with breathing exercises and intention-setting meditations to center your awareness and ground you in the present moment. You will be guided through a dynamic sequence of poses to build strength, flexibility, and mental clarity. After this well-rounded class, you will leave feeling energized and balanced, ready to greet the day with calm and focus. Suitable for all levels. 5 weeks beginning on Tuesday, September 20th – October 18th from 7:00am – 8:00am. Class will be held at the Marlborough Senior Center. Registration fee is \$63.00 resident/\$68.00 non-resident/\$15.00 drop in.

Relax and Renew Yoga – Your weekly dose of self-care! Class begins with meditation and breathing exercises to help clear your energy and shed stress from your day. You will be guided through a grounding sequence of poses to build strength and flexibility, then end with deep, relaxing stretches to help you wind down and release tension. This class will be a blissful weekly treat and provide you with peace and clarity for the rest of your week. Suitable for all levels.

5 weeks beginning on Wednesday, September 21st – October 19th from 7:00pm – 8:00pm. Class will be held at Elmer Thienes Elementary School cafeteria. Registration fee is \$63.00 resident/\$68.00 non-resident/\$15.00 drop in.

Investment Class – Monday, September 26th – November 21st from 6:30pm – 7:30pm. 8 week financial workshop covering stocks, mutual funds, tax free investing, retirement and estate planning. Class will be held at the Marlborough Elementary School Steam Room. Workshop will be run by Jennifer Bergeron from Edward Jones. \$40.00 for residents/\$43.00 for non-residents.

Beginner Guitar Lessons – Mondays, September 26th – November 21st, 5:30pm – 6:30pm. Class will be held at the Elmer Thienes – Mary Hall Elementary School choral room. No musical training is required. Students will learn the basics of guitar in a step by step approach. Fee for this program is \$173.00 resident/\$178.00 non-resident.

Intermediate Guitar Lessons – Mondays, September 26th - November 21st, 6:30pm – 7:30pm. Class will be held at the Elmer Thienes – Mary Hall Elementary School choral room. A class for those with some experience and confidence on the guitar, but who are looking to refine and improve their skills. Fee for this program is \$173.00 resident/\$178.00 non-resident.

Photography – Ages 18 and up, Mondays, September 26th – November 21st, 6:30pm – 7:30pm. Learn to take the perfect picture! These classes will examine how to light, stage, and capture photos. Class will be held at the Elmer Thienes – Mary Hall Elementary School steam room. Each individual will need their own camera. Fee for this program is \$213.00 resident/\$238.00 non-resident.

Express Cardio Kick Boxing – This is a 12 week program for ages 18 and up, 2 nights a week, you pick the nights. 5 amazing benefits from express cardio kickboxing. Melt fat fast, tone your entire body, learn valuable self-defense moves, take out stress and aggression, look great and feel confident. Please wear comfortable clothing, bag gloves, clean fitness footwear and bring water. Class will take place at Frank Corbo's martial arts studio. Registration fee is \$200.00 resident/\$205.00 non-resident.

Teens and Adults Martial Arts Training – This is a 6 week program for ages 13 and up, 2 nights a week, you pick the nights. Classes will take place at Frank Corbo's martial arts studio. Registration fee is \$115.00 resident/\$120.00 non-resident.

Power Yoga – 6 week class beginning on Thursday, September 29th – November 3rd from 7:30 – 8:30pm. For students who have a basic knowledge of yoga postures. You can expect to increase your physical strength and endurance by holding poses longer and deepening your awareness of breath. Great for active people who want to enhance their lifestyle with the benefits of strength, flexibility and reduced injuries. Different pose options will be offered so multiple levels can participate. Please bring a mat and water bottle. Class will be held at the Elmer Thienes Elementary School cafeteria. Registration fee is \$55.00 resident/\$60.00 non-resident/\$8.00 drop in.

Adult Volleyball – Thursday nights at the Elmer Thienes Elementary School Gym – 8:00-10:00pm - \$5 per week – Drop-In. Session begins October 6th.

Co-Ed Adult Kickball Tournament – Ages 18 and over, Saturday, October 8th at 9:00am. Form a team and join us for this classic childhood playground game! Teams must have a minimum of 6 players. Tournament held at Elmer Thienes – Mary Hall baseball field. Registration fee is \$5.00 per player. Register your team by calling 860-295-6203 or email parkandrec@marlboroughct.net.

Adult Pick-up Basketball – ages 18 and over, Sundays, 8:00am – 10:00am at the Elmer-Thienes Elementary School Community Room. Fee is \$3 for residents and \$5 for non-residents. Season passes \$30.00 resident/\$35.00 non-resident. Session begins October 9th.

Adult Pick – up Women's Basketball - ages 16 and over, Sundays, 10:00am – 12:00pm at the Elmer-Thienes Elementary School Gym. Fee is \$3 for residents and \$5 for non-residents. Season passes \$30.00 resident/\$35.00 non-resident. Session begins October 9th.

Town Wide Tag Sale – October 1st from 8:30am – 1:00pm. Registration forms online or available in Town Hall. Fee is \$25 with a deadline of September 25th, no exceptions.

Driveway Reflective Number Signs available to order. The cost of the sign is \$35. Help emergency services personnel find your home without delay. Vertical sign is double sided 8" x 24" with 4" numbers on blue highway reflective metal. Order forms are online and at Town Hall.

Register Early

Do not wait until the last minute to register! Please keep in mind that most classes require a minimum registration and if that requirement is not fulfilled by a certain date, the program may be canceled.

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Phone: 860-295-6203